



Heath Summer Menu 2026

Week 1	Monday Meat Free	Tuesday	Wednesday	Thursday	Friday
Lunch 1	Tomato & Basil Sauce Pasta Garlic Bread	Chicken Nuggets Roast New Potatoes	Chicken Sausage Dinner Roast Potatoes Yorkie & Gravy	Chicken Korma Rice Naan Bread	Breaded Cod Fillet Potato Croquettes
Lunch 2	Margarita Pizza New Potatoes	Fish Stars Roast New Potatoes	Quorn Sausage Dinner Roast Potato Yorkie & Gravy	Vegetable Slice Baked Beans New Potatoes	Vegan Chicken Buttermilk Fillet Potato Croquettes Ketchup sauce
Lunch 3	Baked Potato Baked beans Cheese	Baked Potato Baked beans Cheese	Baked Potato Baked Beans Cheese	Baked Potato Baked Beans Cheese	Baked Potato Baked Beans Cheese
Side	Corn on Cob Baby Carrot	Carrot Peas	Green Beans Cauliflower	Mix Vegetables	Sweetcorn Carrot
Dessert	Lemon Cake Chocolate Cake	Fresh Fruit: Apples, Pears Banana, Satsumas	Fruit Jelly Vanila Ice Cream Pod	Flapjack Yogurt	White Chocolate Cookie Strawberry Ice Cream



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Week 2	Monday Meat Free	Tuesday	Wednesday	Thursday	Friday
Lunch 1	Cheese & Onion Pastry New Potatoes	Beef Bolognaise served with Pasta & Cheese	Roast Chicken Roast Potato Yorkies Gravy	Punjabi Chicken Masala Rice Naan Bread	Classic Beef Burger Potato Croquettes Ketchup
Lunch 2	Rustic Tomato Sauce with Broccoli & Pasta Garlic Bread	Quorn Bolognaise served with Pasta & Cheese	Vegan Quorn Fillet Roast potato Yorkie, Gravy	Battered Fish New Potatoes	Vegetables Lasagne Potato Croquettes
Lunch 3	Baked Potato Hula Hoops Cheese	Baked Potato Hula Hoops Cheese	Baked Potato Hula Hoops Cheese	Baked Beans Hula Hoops Cheese	Baked Potato Hula Hoops Cheese
Side	Carrots Sweetcorn	Cauliflower Peas	Mix Vegetables	Green Beans Carrot	Corn on Cob Sweetcorn
Dessert	Yogurt Jam Donut	Watermelon Cantaloupe Melon	Strawberry Frozen Yogurt Flapjack	Lemon Muffin Chocolate Muffin	Apple & Raspberry Crumble with Custard Space Runner Ice Lolly



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Week 3	Monday Meat Free	Tuesday	Wednesday	Thursday	Friday
Lunch 1	Macaroni Cheese Garlic Bread	Cheese & Tomato Pizza New Potatoes	Chicken Sausage Dinner Roast Potatoes Yorkie & Gravy	Smoky BBQ Chipotle Chicken Rice & Flat Bread	Breaded Cod Fillet Potato Croquettes Ketchup
Lunch 2	Quorn Vegan Nuggets New Potatoes	Chicken Meatballs in Tomato Sauce Pasta	Quorn Sausages Roast Potatoes Yorkie & Gravy	Vegan Three Beans Chili Rice & Flat Bread	Quorn Meatballs Tomato Sauce Pasta & Cheese
Lunch 3	Baked Potato Baked Beans Cheese	Baked Potato Baked Beans Cheese	Baked Potato Baked Beans Cheese	Baked Potato Baked Beans Cheese	Baked Potato Baked Beans Cheese
Side	Carrots Sweetcorn	Cauliflower Peas	Broccoli Green Beans	Mix Vegetables	Peas Corn on Cob
Dessert	Yogurt Strawberry & Vanilla Mousse Tub	Fresh Fruit: Apple, Pear, Satsuma, Banana	Chocolate cake Lemon Cake	Fruit Jelly Cheese & Crackers	Donut Strawberry Ice Cream



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Week 1 Tue-Fri	1 – Chicken sandwich 2 – Tuna mayo sandwich 3 – Cheese sandwich				
Week 2 Tue-Fri	1 – Tuna mayo wrap 2 – Chicken Sandwich 3 – Cheese sandwich				
Week 3 Tue-Fri	1 – Cheese sandwich 2 – Tuna mayo wrap 3 – Chicken sandwich				

Week 1 Mondays	1 – Indian Sweet Potato Butternut Dhansak sandwich 2 – Sliced Cheddar Cheese & iceberg lettuce sandwich				
Week 2 Mondays	1 – Grated cheese & salad sandwich 2 – Soft Cheese & cucumber sandwich				
Week 3 Mondays	1 – Grated cheese & salad sandwich 2 – Beetroot Falafel and cucumber wrap				