

Reception Summer 1	Multi-ability focus Applying physical	REAL PE Movement skill: Sending and receiving, reaction and response		Vocab throw catch look ready
Year 1 Summer 1	Multi-ability focus Applying physical EXCEEDING <ul style="list-style-type: none"> - I can perform a sequence of movements with some changes in level, direction or speed EXPECTED <ul style="list-style-type: none"> - I can perform a small range of skills to link two movements together EMERGING <ul style="list-style-type: none"> - I can move confidently in different ways 	<u>First PE lesson</u> REAL PE Movement Skill: Sending and receiving, reaction and response	<u>Second PE lesson</u> NC outcome: Striking and fielding Cricket/rounders	Vocab Striking, fielding, target, batter, bowler
Year 2 Summer 1	Multi-ability focus Applying physical EXCEEDING <ul style="list-style-type: none"> - I can select and apply a range of skills with good control and consistency EXPECTED <ul style="list-style-type: none"> - I can perform a sequence of movements with some 	<u>First PE lesson</u> REAL PE Movement skill: Sending and receiving, reaction and response	<u>Second PE lesson</u> NC outcome: Striking and fielding Cricket/rounders	Vocab Striking, fielding, target, opponent, batter, bowler

	<p>changes in level, direction or speed.</p> <p>EMERGING</p> <ul style="list-style-type: none"> - I can perform a small range of skills and link two movements together 			
Year 3 Summer 1	<p>Multi-ability focus</p> <p>Applying physical</p> <p>EXCEEDING</p> <ul style="list-style-type: none"> - I can link actions together so that they flow - I can perform a variety of movements and skills with good body tension <p>EXPECTED</p> <ul style="list-style-type: none"> - I can select and apply a range of skills with good control and consistency - I can perform and repeat longer sequences with clear shapes and control <p>EMERGING</p> <ul style="list-style-type: none"> - I can perform a sequence of movements with some change in level, direction or speed - I can perform a range of skills with some control 	<p><u>First PE lesson</u></p> <p>REAL PE</p> <p>Movement skill:</p> <p>Reaction and response, cool down floor work</p>	<p><u>Second PE lesson</u></p> <p>NC outcome:</p> <p>Striking and fielding</p> <p>Cricket/rounders</p>	<p>Vocab</p> <p>Inc above plus:</p> <p>Fielders, batters, tracking, bowling, underarm, overarm</p>
Year 4	Multi-ability focus	REAL PE	NC outcome:	Vocab

Summer 1	<p>Applying physical EXCEEDING</p> <ul style="list-style-type: none"> - I can link actions together so that they flow - I can perform a variety of movements and skills with good body tension <p>EXPECTED</p> <ul style="list-style-type: none"> - I can perform and repeat longer sequences with clear shapes and controlled movement - I can select and apply skills with good control and consistency <p>EMERGING</p> <ul style="list-style-type: none"> - I can perform a sequence of movements with some changes in level, direction or speed - I can perform a range of skills with some control 	<p>Movement skill: Reaction and response, cool down floor work</p> <p>Striking and fielding</p> <p>Cricket/rounders</p>	<p>Swimming</p> <ul style="list-style-type: none"> - Swim competently, confidently and proficiently over a distance of at least 25 metres - Use a range of strokes effectively (front crawl, backstroke, breaststroke) - Perform safe self-rescue in different water-based situations 	<p>Inc above plus: Fielders, batters, tracking, bowling, underarm, overarm</p>
Year 5 Summer 1	<p>Multi-ability focus Applying physical EXCEEDING</p> <ul style="list-style-type: none"> - I can perform a range of skills fluently and accurately 	<p>REAL PE Movement skill: Jumping and landing, balance one leg</p> <p>Alongside NC outcome: Striking and fielding</p>		<p>Vocab Inc above plus: Continuous</p>

	<ul style="list-style-type: none"> - I can use combinations of skills confidently in specific contexts <p>EXPECTED</p> <ul style="list-style-type: none"> - I can link actions together so that they flow - I can perform a variety of movements and skills with good body tension <p>EMERGING</p> <ul style="list-style-type: none"> - I can select and apply a range of skills with good control - I can perform and repeat sequences with clear shapes and controlled movements 	Cricket/rounders		
Year 6 Summer 1	<p>Multi-ability focus</p> <p>Applying physical</p> <p>EXCEEDING</p> <ul style="list-style-type: none"> - I can perform a range of skills fluently and accurately <p>EXPECTED</p> <ul style="list-style-type: none"> - I can link actions together so that they flow <p>I can perform a variety of movements and skills with good body tension</p>	<p><u>REAL PE</u></p> <p>Movement skill:</p> <p>Jumping and landing, balance one leg</p>	<p>NC outcome:</p> <p>Striking and fielding</p> <p>Cricket/rounders</p>	<p>Vocab</p> <p>Inc above plus:</p> <p>Spin, pace, seam, drive, defence</p>

	<p>EMERGING</p> <ul style="list-style-type: none">- I can select and apply a range of skills with good control- I can perform and repeat sequences with clear shapes and controlled movements-			
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Cricket/ rounders progression

Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Roll a ball Watch a ball coming towards Begin to roll ball towards target	Roll a ball towards a target Track a ball that is coming towards me Catch a beanbag and medium sized ball Start to score Strike a ball using my hand	Roll a ball to hit a target Develop underarm and overarm throwing skills Begin to hit a ball using a racket Score points and remember the score Track a ball and collect it Begin to use the rules Use simple tactics	Use overarm and underarm throwing and catching skills Begin to strike a bowled ball after a bounce Bowl a ball towards a target Learn and remember the rules and use them Apply tactics to benefit me	Use simple tactics for different situations Use overarm and underarm throwing and catching with increasing accuracy Strike a bowled ball after a bounce Bowl a ball with some accuracy and consistency Understand the rules of the game	Strike a ball from once bounce Sometimes strike a bowled ball without a bounce Develop a wider range of fielding skills and use these under pressure Work collaboratively with others to score runs Understand the rules and play fairly Use different skills depending on the situation	Understand some tactics in the game as a batter, bowler and fielder Strike a bowled ball with increasing consistency Use a wider range of fielding skills in game situations Select the appropriate action for the situation Score runs working with others and work together

						to get batters out Use the game rules consistently and fairly
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