

YOUR MENU THIS WEEK

WEEK TWO

WEEK COMMENCING

11.09.23, 02.10.23, 23.10.23, 20.11.23, 11.12.23

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Cheese & tomato pasta (v) (gluten, milk, soya, may contain egg)	Rich beef curry (gluten)	Roasted chicken & gravy	Taste of Asia - stir fried chicken noodles with sweet chilli (eggs, gluten)	Chicken sausage pizza (gluten, milk, soya, may contain egg) or salmon fishcake (fish)
PLANT POWER	Cheese & tomato pasta (v) (gluten, milk, soya, may contain egg)	Red pepper & vegetable ragu (v) (gluten)	Vegan sausage & gravy (v) (soya)	Taste of Asia – stir fried veg noodles with sweet chilli sauce (v) (egg, gluten, soya)	Vegetable finger wrap (v) (gluten, milk)
SIDES	Chef's coleslaw (egg), salad selection	Sweetcorn, rice	Zero waste roast potatoes, medley of vegetables	Broccoli, green beans, carrots	Chips, baked beans
PUDDINGS	Short bread biscuit (v) (gluten)	Wholemeal jam and coconut (gluten) with vanilla sauce (v) (milk)	Yoghurt (v) (milk)	Taste of Asia - plum steamed pudding (egg, gluten) with custard (v) (milk)	Chocolate & vanilla mousse (v) (milk)

Available daily

Jacket Potatoes with Beans, Cheese (milk)
Fresh Fruit, Daily Salad, Handmade Bread (gluten, milk, soya, may contain egg)

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE

