

# YOUR MENU THIS WEEK

WEEK ONE

WEEK COMMENCING

04.09.23, 25.09.23, 16.10.23, 13.11.23, 04.12.23

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Cheese & tomato pizza with 1/2 jacket potato (v) (milk, gluten, soya, may contain egg)	Traditional beef lasagne (milk, gluten, soya, may contain egg)	Herby roast chicken & gravy	Chicken sausage plait with gravy (egg, gluten)	Fish fingers & bap (fish, gluten)
PLANT POWER	Bean chilli with 50/50 rice (v) (may contain gluten)	Mediterranean vegetable lasagne (v) (milk, gluten, soya, may contain egg)	Baked sweet potato with Mexican veg (v) (may contain gluten)	Veggie slice with gravy (v) (egg, gluten, milk)	Vegan sausage (v) (soya)
SIDES	Garden peas, salad selection	Steamed broccoli, garlic bread	Zero waste roast potatoes, roasted parsnips, carrots	Potato wedges, garden peas	Chips, peas, baked beans
PUDDINGS	Chocolate mouse (v) (milk)	School cake (v) (egg, gluten)	Cup cakes vanilla or chocolate (v)	Krispie cake (v) (gluten)	Steamed lemon sponge (egg, gluten) with custard (v) (milk)

Available daily

Jacket Potatoes with Beans, Cheese (milk)  
Fresh Fruit, Daily Salad, Handmade Bread (gluten, milk, soya, may contain egg)

\*MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE\*

