

Physical Education, Physical Activity and Sport at Savile Park!



Our Curriculum

At Savile Park, we are really proud of our PE curriculum. We follow the Real PE scheme of learning. Real PE is an inclusive approach to support all pupils develop their fundamental movement skills, physical literacy and communication skills. Each half term we focus on a new multi-ability cog:

- Personal
- Social
- Cognitive
- Creative
- Physical
- Fitness



In our second PE lesson, we continue to build on the movement skills from Real PE and develop these further into a more game-based lesson. The focus of each half term links closely with the National Curriculum outcomes.

Autumn 1 – gymnastics

Autumn 2 – dance

Spring 1 – basketball

Spring 2 – football

Summer 1 – cricket/rounders

Summer 2 – athletics/sports day preparation

Sport Coach Collaboration

This year, Year 2 have thoroughly enjoyed working with a dance coach based around their pirate topic. Year 3 had an amazing time playing squash at Queens Sport Club. Year 5 have excelled during basketball sessions with a coach from Bradford Dragons. Next half term, Year 4 will be working alongside a cricket coach. Halifax Panthers have spent time working with pupils during lunch times which has been brilliantly received. Each week, Year 6 work with a PE Teacher from Park Lane High School which is a great collaboration in preparing them for high school.



Active Lifestyle!



At Savile Park Primary School, we are always encouraging pupils to lead a healthy lifestyle. It is brilliant to hear how confident the pupils speak about maintaining a healthy lifestyle. Our Year 5's proudly take part in the Phunky Food programme where they explore a balanced diet. They regularly lead whole school assemblies and share positive examples on how we can all live healthier lives. Pupils are given opportunities to be proactive in leading healthy lives and have healthy minds. We delve deeper into this during our PSHE lessons during wellbeing discussions and tips.

Any physical activity you do at home we'd love to see. Email your pictures to office@savilepark.calderdale.sch.uk

What Our Pupils

Say

In PE I have enjoyed basketball the most because I had never played it before.

In gymnastics, we practised different shapes like a tuck, pike and straddle.

Phunky Food assemblies tell us what food we should eat to stay healthy.

Tuesday is my favourite day of the week because we go swimming.

At lunch time I love playing football in our amazing new muga (multi-use games area). We are doing football in PE too.

To stay healthy, you have to have a good diet, walk a lot and drink lots of water so you don't get dehydrated.

Our Australian dancing was so much fun!