

West Yorkshire Police has launched an initiative to engage parents and carers to talk to their children about **online sites and apps** they are using, during a time when they may be online more regularly.

<https://www.westyorkshire.police.uk/YourChild>



Thinkuknow is the education programme from NCA-CEOP, a UK organisation which **protects children both online and offline**. Games, videos and activities for EYFS, KS1, KS2 and KS3 children.

<https://www.thinkuknow.co.uk>



Children's Commissioner has created an excellent **children's guide to Coronavirus** to expand understanding and reduce worries.

<https://www.childrenscommissioner.gov.uk>



Resources, guidance and support for people living with **domestic abuse** through the coronavirus pandemic.

<https://safelives.org.uk/news-views/domestic-abuse-and-covid-19>



Kooth provides free, safe and anonymous online **support for young people**.

<https://www.kooth.com>

An independent charity, which offers online chat and phone advice for people affected by **crime or traumatic events**.

<https://www.victimsupport.org.uk>



<https://safeguarding.calderdale.gov.uk>



Calderdale
Safeguarding
Children
Partnership



Safeguarding Our Community

The Mental Health Foundation has produced several guides, including Looking After Your Physical Health and Wellbeing While Staying At Home, Talking To Children About A Pandemic, Finance and Unemployment Worries, Mental Health Advice For Older People and Random Acts Of Kindness During The Coronavirus Outbreak.

<https://mentalhealth.org.uk/coronavirus>



Open Minds provides advice, information, support and signposting on local and national emotional health and **wellbeing services** that help children, young people and families who are going through a difficult time. <http://www.openmindscalderdale.org.uk>

The NSPCC has some advice and support for parents and carers who may be **working from home with children** for the first time. It also has advice about **supporting children with anxiety** due to the coronavirus. <https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents/>

<https://savileparkprimary.org.uk/safe-guarding/>

Young Minds provides lots of tips, guidance and support around **mental health, anxiety and self-isolation**.

<https://youngminds.org.uk>



Employment and financial guidance, as well as advice on how to avoid **scams** during the pandemic.

<https://www.citizensadvice.org.uk/health/coronavirus-what-it-means-for-you/>